

TOASTMASTERS MEETINGS

A Road to Successful Speaking



WHY:

Does speaking make your legs turn to jelly?

Do you have difficulty expressing yourself either one-on-one or in front of a group?

Is it difficult for you to answer questions when you're not prepared?

Do you want to improve communication skills in an encouraging and nurturing group?

Would you like to improve your interviewing skills?

If the answer is YES to any of the above questions, we can help!

Toastmasters is for ALL skill levels

WHO: State Expressions Toastmasters

WHERE: AZ Dept. of Health, 150 North 18th Ave., Room 215A
Free parking in garage on 18th Avenue between Adams and Van Buren

WHEN: Every Monday (except holidays or after holiday weekends) from 7 to 8 A.M.

HOW: Just stop by to visit anytime.
If you have questions, Please call Angela Woods at (602) 542-2777 or go online at www.Toastmasters.org

